



PROBUS CLUB OF BUDERIM MOUNTAIN INC.61818

**Sunshine Coast, Queensland
PO Box 341, Buderim, Qld 4556**

October 2026 NEWSLETTER

Year 44, No 7

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President's Message



A busy month for myself and our club. This month, I have been fortunate to attend our members monthly coffee morning, the high tea at Buderim Gardens, the glorious walk at Kawana Island and of course the Probus 50th anniversary celebratory lunch at Maroochy Surf Club. About 50 of our members enjoyed this lunch. It was pleasing to share this day with Buderim Probus Club members also. I do encourage members, especially the newer members, to attend these activities where possible, as it's a lovely way to get to know each other. Along with my Probus life, Errol and I also travelled to Uluru for a 5 day trip with our son and grandchildren. We had a great time.

I hope to see you all on 12th Oct at the general meeting.

President Mary



Guest Speaker

Our guest speaker for September was Dennis Panchaud who presented an informative talk about the roles of Women in War and the art depicting this. From the Boer War women assisted close to the front lines in Field hospitals, casualty clearing and nursing the wounded and in administrating work. Due to their proximity to the front line these women were also captured and became POW's.

In 1941 the Australian Womens Army Service was established in rear roles such as drivers, cooks, signallers, typists and intelligent staff. Shortly afterwards the Navy and Air Force also established Womens Services.

Many women for the first time started working in factories in Australia helping the war effort due to the shortage of men who had gone to war.



Induction of new members

Mary had the great pleasure of inducting our 3 newest members, Anne & Peter Edwards and Mary Laird, please introduce yourself and make them welcome.



Upcoming Guest Speakers

Oct: Fire Brigade Shaun Rivers- Fire safety for over 50's

Nov: Ian McKaskill- Meditation

Jan: John & Bev Stacey- Trivia

Feb: Carol Slide show of Events for 2026

Weddings, Anniversaries & Birthdays

Congratulations to those with birthdays or wedding anniversaries for the month of October.

Happy Wedding Anniversary

Jean & Russell Lea, Jeanette & Joe Leeson

Happy Birthday

Dot Cottey 4th, Bev Stacey 6th, Ian Noble 6th, Beverley Robertson 19th. John Stacey 20th, Kay Hansen 20th



Club Greeting Roster for 2026-2027

<u>MEETING DATE</u>	<u>GREETERS</u>	
<u>Oct 12th</u>	Jean Heron Elva Duggan	
<u>Nov 9th</u>	Robyn Feuerheerdt Jeff Feuerheerdt	
<u>Jan 11th</u>	Tricia Coard Frank Coard	
<u>Feb 8th</u>	Margaret Perry Richard Perry	
<u>Mar 8th</u>	Fay Winter Nev Winter	

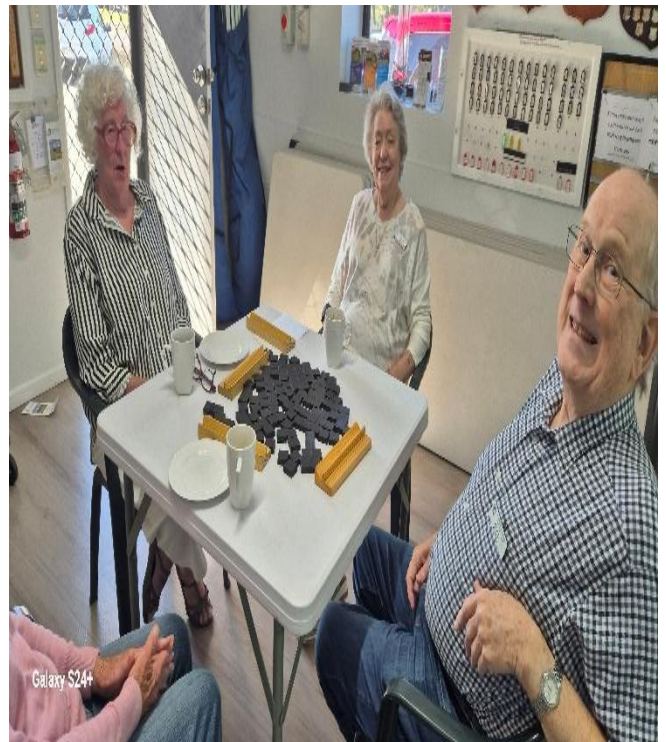
We ask all greeters to be ready at the entry door to the meeting by 9.00am. Greeters badges available at the registration desk. As the roster is set in advance should the times not suit; would you please arrange a swap directly with another member so that this role is always filled in time. Thanks to all members who offered to assist. Remember if you are unable to greet on the allotted date, please swap with someone to do the greeting and then confirm with Brian Clark (Ph 5326 2618) for inclusion in the newsletter. Thanks, Anne & Barry Le Claire



PAST EVENTS

Wednesday 2nd September Board Games

Seventeen keen board gamers enjoyed a fun afternoon on a beautiful spring afternoon.



Event Organiser: Kay Hansen

**Friday 4th September- Twinnies
Pelican and Seabird Rescue tour and
morning tea. 10am**

Today we were welcomed by the Twinnies and their Mum Helen where we shared a lovely morning tea together before being shown around their rescue facility. We gained a fascinating insight into what happens behind the scenes. The dedication and compassion that goes into looking after these beautiful birds is truly beyond words. We couldn't have chosen a better day weather-wise for our tour.



Event Organiser: Elaine Anderson

Friday 11th September - High Tea at Buderim Gardens Village 10.30am

Another successful High Tea was enjoyed at Rumours by our members. Unfortunately, the table had to be set indoors due to the chilly wind on the day.



Event Organiser: Lucy Upcott 0447202932

Tuesday 15th September - Morning Coffee

Another very happy get together for Morning Coffee at the Goodlife Centre. Zenda, who is looking wonderful after all her ills, surprised us by joining us which was wonderful



Event Organiser: Lucy Upcott 0447202932

Friday 18th September - Golf Report

Eight of our members enjoyed an outstanding weatherwise morning playing a stroke event. Scores were very close off the stick but Errol was the winner with Ken half a stroke behind. Ron was third and Ian Nunn was fourth. Errol took the flower prize home for Mary and as Ken didn't want the prize and Ron had left Ian took home the vegetable prize.

Unfortunately we did not get the photo of Ian McKaskill chipping in for a birdie but we got Ken putting for a par which went straight in.



Event Organiser: Ken Evans

Wednesday 30th September - Walk and Picnic Lunch

"It was a stunning Spring Day and twelve members enjoyed the walk around the water at Kawana Island. Three other members enjoyed a chat overlooking the water. Eight members stayed on for a picnic lunch".





Event Organisers: Carol & Ian Noble

UPCOMING EVENTS

For all events, if you are paying by direct debit, please send an email to the Event Organiser & Treasurer once you have paid for the Event.

Wednesday 7th October Board Games. Time - 1.30pm

Come along and enjoy playing some board games in a fun and friendly environment. New members are always welcome to come along. You do not need to know any of the games prior to coming.

Cost: \$5.00pp incl afternoon tea

Venue: Croquet Club, Syd Lingard Drive Buderim

Event Organisers: Bev Robertson - Ph 0438822659 / Kay Hansen Ph 0405283146

Monday 12th October General Meeting- Time 9.30am

Meeting starts at 9.30am at Maroochydore Surf Club followed by a lunch at the Surf Club at the member's expense.

Friday 16th October Golf Time - 7:15 am Hit off

This will be our first event starting early for the summer time so don't sleep in. We will be playing a Stableford event on this day arrive at Glenview by 7.10am. Our handicap system is such that everyone must win a prize eventually. New members are always

welcome, and a fun game is had by all no matter what your golfing prowess is.

Our members also play on Tuesday each week at the same time and place except for the week of our general meeting when we play on the following Friday instead. The cost is \$16.00 per 9 holes

Event Organisers: Ken Evans or Ian Noble

Tues 20th October Morning Coffee Time -10:00 am

The Goodlife Cafe, 100 Buderim Pines Dr. Buderim. Fellowship and fun. PLEASE REMEMBER TO WEAR YOUR BADGE!

All new members welcome.

Event Organiser: Lucy Upcott 0447202932

Wednesday 28th October Walk and Picnic Lunch (9.45am for 10am)

This will be a combined walk and social get together. The venue is the Maroochy Botanical Gardens, Palm Creek Road, Tanawha. For those wanting to walk, meet at the large covered pavilion at 9.45 am for a 10am start. There are many paths to walk around and can be as short or as long as you wish. For those wanting to join us for lunch, please meet at the pavilion at approximately 11 to 11.30am. Bring your own picnic or there is a café in the Arts & Ecology Centre to purchase coffee and light food. If you put your name down on the sheet and are unable to attend on the day, please call Ian 0414838459 or Carol 0414767151



Event Organisers: Ian Noble 0414838459 or Carol Noble 0414767151.

Wednesday 4th November Board

Games. Time - 1.30pm

Come along and enjoy exercising the brain a little while playing a variety of Board Games in a very friendly environment.

New members most welcome.

Venue: Croquet Club, Sydney Lingard Dve, Buderim. Cost: \$5.00pp incl afternoon tea

**Event organisers: Kay Hansen 0405283146
& Bev Robertson 0438822659**

FUTURE EVENTS

Sunny Kids Christmas Donations

As you all know we as a group have been donating gifts to sunny kids over the last few years at Xmas time. But since the two ladies from Sunny Kids gave us their informative talk regarding their work with domestic violence for women, kids & men. I contacted them for more information regarding their needs. They were happy to send me a list, quite a large list as it turns out. I have selected some items which I thought was easier for us as individuals to donate Kids toys unwrapped, gift vouchers (Coles, Woolworths, IGA, Big W, K-Mart, Target or similar). Hygiene Products Toothpaste, Toothbrushes, Shampoo, Deodorant, Soap, Sanitary products. Xmas treats chocolates, lollies. Xmas cakes. These can be in a hamper form if you desire. Whatever you can do would be great. If you can start bringing them in to our next two monthly meetings & Xmas lunch in December, we will then deliver to Sunny Kids. You could supply a gift bag or wrapping paper if you desire. Thank you

Event Organiser: Gail & Kerry Kiely

Wednesday 9th December- Christmas Lunch at Twin Waters

Arrival from 11:30am Lunch served 12:30pm We'll all come together for our Christmas Lunch, our final celebration and get-together for the year. Your two-course lunch will be an alternate drop for both main meal and dessert. Includes a welcome drink on arrival.

It's a lovely opportunity to relax, catch up with friends and celebrate the festive season together.

Payment of \$55 p/p to be deposited into the Probus Bank Account by 16th November. Please email the Treasurer and Coordinator when you have made payment. Don't forget to wear your favourite Christmas outfit and accessories!

Event Organiser: Elaine Anderson and Janet Bruce

Thursday 28th January – Australia Day Breakfast Barbecue

You are invited to come along and enjoy a relaxed and delicious hot breakfast. It's a wonderful way to start the new year, catch up with friends and enjoy some time together. Venue/ Location. The Spit, Parkyn Parade Mooloolaba. Cost \$10 p/p. Arrival: 7:30 for 8am Breakfast

Organiser: Elaine Anderson

Tuesday 25th May – Mystery Car tour

More Information to follow

Event Organiser: Merv Grant

Calendar of Future Events:

<u>OCTOBER EVENTS</u>	<u>REGULAR ACTIVITIES</u>
Wed 7th 1.30 pm	Board Games
Monday 12th 9.30am	General Meeting
Friday 16th 7.45am	Golf at Glenview
Tuesday 20 th 10.00am	Coffee Morning
Wednesday 28th 9.45am	Walk and Picnic Lunch
Wednesday 4 th November 1.30pm	Board Games
<u>UPCOMING SOCIAL EVENTS</u>	<u>ACTIVITY</u>
Thursday 1 st October	Anniversary Lunch at Maroochy Surf Club
Wednesday 9 th December	Christmas Lunch at Twin Waters
Thursday 28 th January	Australia Day Breakfast
Tuesday 25 th May	Mystery Car Tour

The Suggestion Box

If any of our members have any ideas or suggestions for new interest groups or social outings we would love to hear from you. Talk to or send an outline of your ideas to any management committee member.

As we found last year the club has a more active social life if more members contribute with ideas or organising of individual events.

**PLEASE REFER TO YOUR
INFORMATION BOOKLET FOR
GENERAL INFORMATION ON
MEMBERS AND ACTIVITIES**

**DIRECT DEBIT PAYMENTS TO:
WESTPAC BSB 034243 A/C 751330
THEN EMAIL BOTH THE TREASURER
AND THE EVENT COORDINATOR
WITH THE DETAILS.**

**PLEASE NOTE OUR CLUB ONLY
ACCEPTS PAYMENTS VIA DIRECT
DEBIT OR EFTPOS. WE CAN NO
LONGER ACCEPT CASH OR
CHEQUES DUE TO DIFFICULTIES
WITH DEALING WITH THESE.**

If you change your email address, please notify the Secretary.

Welfare & Support

Carol Noble — 0414767151

Any members who are ailing or needing support please ensure that Carol knows about it so that the Club is able to provide whatever assistance it can.

Notice: This publication is solely for the information and interest of the members of the Probus Club of Buderim Mountain Inc. and adjoining Probus Clubs within the district.



Probus Members Benefit Scheme

Members of Probus have access to a wide range of offers and benefits. This is called the Probus Members Benefit Scheme (MBS) and includes offers for travel, health, financial advice, lifestyle and entertainment.

Offers are redeemed by contacting the MBS provider and quoting your Probus membership number. For a full list of Probus offers and benefits please refer to Probus South Pacific website www.probussouthpacific.org

The following is a contribution from Carol Noble. Thanks

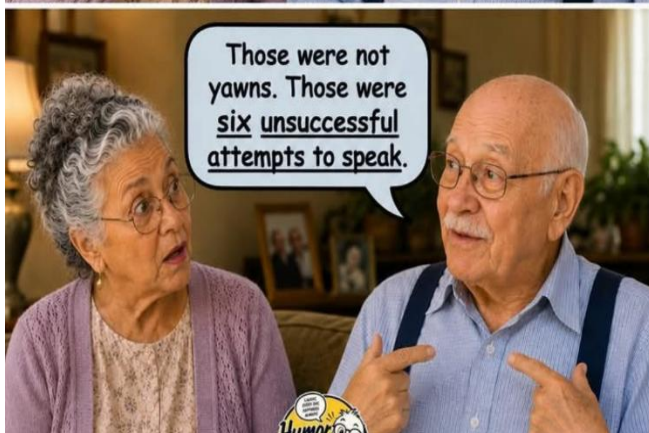
Healthy Brain Ageing Trial

In 2023, a number of our members took part in the UniSC Healthy Brain Ageing research. All participants were invited to attend a presentation to “**Celebrate six years of healthy brain ageing research!**” on 15th September. Margie Smith, Doug Royal, Margaret and Mark Pennington and Richard Perry attended the function.

The results of their studies and a controlled experiment were presented. This experiment on a group of 50 people showed that with a suitable combination of a Mediterranean Diet, 30 minutes of Daily Exercise, Good Sleep Patterns, Mindfulness and Social Interaction, it is possible to reduce the risk of dementia, which is now the major cause of death in Australia. They have been able to measure the beneficial changes in the hippocampus, a structure in the brain. This structure is associated with memory and spatial functions. The University is in partnership with Seniors Australia and an aged care home in Kilkivan, where they are implementing some of their findings.

After the lecture, we were invited to participate in an exercise class and then try out some tests of balance. There was also a guided tour of the brain. We have requested that they come and talk to our club next year.

Richard Perry



A minister dies and is in line at the Pearly Gates. Ahead of him is a guy who's dressed in sunglasses, a loud shirt, leather jacket, and jeans. Saint Peter addresses this guy, "Who are you, so that I may know whether or not to admit you to the Kingdom of Heaven?"

The guy replies, "I'm Joe Cohen, taxi-driver, of Noo Yawk City."

Saint Peter consults his list. He smiles and says to the taxi-driver, "Take this silk robe and golden staff and Enter the Kingdom." The taxi-driver goes into Heaven with his robe and staff.

Next it's the minister's turn. He stands erect and booms out, "I am Joseph Snow, pastor of Saint Mary's for the last 43 years."

Saint Peter consults his list. He says to the minister, "Take this cotton robe and wooden staff and enter the Kingdom."

"Just a minute," says the minister. "That man was a taxi-driver and he gets a silken robe and golden staff. How can this be?"

"Up here, we recognize results," says Saint Peter. "When you preached, people slept; but when he drove, people prayed." 😊 😊

HIGHEST ACHIEVEMENTS AS PRIME MINISTER

1. Highest homelessness rate on record
2. Highest crime rate on record
3. Highest energy prices in the world
4. Highest cost of living rises on record
5. Highest rate of immigration on record
6. Highest rate of NDIS fraud and Big Build fraud
7. Highest number of public servants on record
8. Highest ever Australian debt — over \$1 trillion, costing \$29 million per day in interest — while still gifting money overseas
9. Highest rate of business closures on record
10. Highest rate of racial division on record
11. Highest rate of religious tension on record
12. Highest number of terrorists repatriated and housed at taxpayer expense
13. Worst terrorist attack in Australian history
14. Highest amount of lies told to the Australian people.



Anthony Albanese
Prime Minister



**While creating women, God made
a promise to men that good and
obedient wives would be found
in all corners of the world.
Then he laughed and made
the Earth round!**



David Was Lying In A Hospital Bed, Seriously Ill.

**He Was Surrounded By His Wife, His Two Sons, His
Daughter, And A Nurse.**

**He Called His Eldest Son And Said: "To You, Peter, I Leave
The Houses Near The Airport.**

**Turning To His Daughter, A He Said: "My Dear Daughter, I
Leave You The Apartmen Blocks In The City."**

**Then He Looked At His Youngest Son: "Charlie, With Your
Bright Future, I Leave You The Office Buildings In The City
Centre."**

**Finally, He Said To His Wife: "And To You, My Dear Wife, I
Leave The Three Residential Towers Downtown."**

**The Nurse, Clearly Impressed, Whispered To The
Wife: "Madam. Your Husband Must Be Very Rich. You're All
So Lucky!"**

**The Wife Replied Calmly. "Rich? Lucky? We All Work For A
Cleaning Company.**



A blonde woman was tired of people acting like she didn't know how to do things around the house, so one day she decided she was going to prove she could handle a big project all on her own.

While her husband was at work, she decided she'd paint a couple of rooms.

Later that afternoon, her husband came home and immediately smelled fresh paint. He walked into the living room and found his wife lying on the floor, exhausted and dripping with sweat — wearing a heavy parka over a leather jacket.

He rushed over. "Are you okay?"

She said, "I'm fine. I just wanted to prove I could do this myself."

He looked at her and asked, "Honey... why in the world are you wearing a jacket and a parka?"

She pointed to the paint can and said:

"Because the directions say: For best results, put on two coats." 😂😂

Sometimes I like to mess with my husband and hide his stuff where he can't find it. Like I put his shoes in the shoe closet, his jacket on the hanger and his keys on the key hook.

I two drunken irishmen in a graveyard.

Paddy starts reading the gravestones.

"Mick" he says;

Would you look at this, a feller here who was 90 when he died!"

"Who's that?" says Mick.

"Somebody called O'Toole from Kerry," he replies.

Mick says, "Never mind him, there's a feller here called Murphy, was 99 when he died! From Castletown of all places!

"Well thats nothing!" says Paddy.

"What about what written on this feller's stone, here right beside the gate!"

"The stone says 147!"

"147? thats amazing!" says Mick.

"Who was he?"

"Well according to the stone, its somebody called Miles from Dublin.....!"

An Irish painter by the name of Murphy, while not a brilliant scholar, was a gifted portrait artist.

Over a short number of years, his fame grew and soon people from all over Ireland were coming to the town of Miltown Malbay, in County Clare, to get him to paint their likenesses.

One day, a beautiful young English woman arrived at his house in a stretch limo and asked if he would paint her in the nude. This being the first time anyone had made such a request he was a bit perturbed, particularly when the woman told him that money was no object; in fact, and she was willing to pay up to 10,000 pounds.

Not wanting to get into any marital strife, he asked her to wait while he went into the house to confer with Mary, his wife. They talked much about the Rightness and Wrongness of it. It was hard to make the decision but finally his wife agreed, on one condition. In a few minutes he returned.

"T'would be me pleasure to paint yer portrait, missus," he said "The wife says it's okay. "I'll paint you in the nude all right; but I have to at least leave me socks on, so I have a place to wipe me brushes."



A couple from a circus go to an adoption agency, but social workers are doubtful about their accommodation.

So they produce photos of their 15 metre long caravan, the back half of which is a beautifully equipped nursery.

The social workers then are doubtful about the education that would be provided.

"We've employed an Oxford don who'll teach the child all the subjects along with Mandarin and ICT skills."

There are then doubts expressed about the child's healthy upbringing.

"Our full time nanny is an expert in paediatric welfare and diet," they reply.

So the social workers are finally satisfied and ask what age of child they were looking for.

"It doesn't really matter," they say, "as long as he fits in the cannon

