



PROBUS CLUB OF BUDERIM MOUNTAIN INC.61818

**Sunshine Coast, Queensland
PO Box 341, Buderim, Qld 4556**

MARCH 2025 NEWSLETTER

Year 42, No 12

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President's Report



Hello everyone

We waited a long time to view Carol's presentation, giving us an overview of the 2024 year of our Probud Club. It was certainly worth the wait and if you're like me, you would have been fascinated by how much our members do in a year. As well as all the regular events, we had lots of special visits to places of interest, which kept us all entertained & educated! Thank you, Carol, for the time you spend choosing photos & video footage, then creating the final work of art. You're amazing! It was my pleasure to visit Walkers Gourmet Meat & Chicken in Buderim after the last meeting, presenting them with a Certificate of Appreciation for providing our monthly lucky door meat tray. Having been on the receiving end of one of these prizes, I could even talk to them about how fabulous their offerings are. I also bought some goodies while I was there. Please support this butcher it's worth a visit!

My thanks to Merv Grant for prompting this idea, for accompanying me on the day & for picking up the meat tray each month.

Cheers

President Margie

Our February Speaker

Coral McVean provided a complete set of basic instructions on how to recognize strokes, the different types and symptoms and also on how to minimize the risk of having one. Please check your blood pressure regularly and reduce salt intake to keep it as low as possible. Everyone received a pocket card on the acronym FAST (Face, Arms, Speech, Time). If a stroke is suspected or identified get medical help immediately. A FAST time to hospital for specialist treatment is critical.

For further information refer to www.redcap.link/LoveYourBrain to learn how to better protect your brain and to participate in a research project. was presented.



Critically Important Notice:

Upcoming Management Committee

Thanks to all the members who have currently nominated to fill most of the required positions. As you would be aware, our Club is required to have an AGM each year and at the moment we need members to nominate for the following Management Committee roles:

Secretary

Social/Events Coordinator

We need someone to step up NOW and nominate for the Secretary position to avoid the club having to close down. I know that you all value our Club and urge each of you to consider nominating for one of these roles. All you need is the willingness to give back to the Club that you have benefitted so much from, you in turn get to share your knowledge, ideas and experience with fellow members. With a co-operative attitude, and a little bit of time, our Club can continue to give us all the opportunity to stay connected and participate in a range of activities and outings. A Management Committee role helps build confidence and allows you to share your ideas, knowledge and experience with fellow members. It can be very rewarding working behind the scenes to make our Club run smoothly. A Committee that works well as a team, grows as a team. Current Committee members will be happy to provide guidance and advice. If you need any further information about any of the positions, please speak to a Management Committee member. A description of each role can be provided.

PSPL provide comprehensive support in so many areas, you will not be alone and "Many hands do make light work" - I ask you all to think about how much you enjoy Probus and what you would do without it. I know that each of you have so much to offer our Club. Please put up your hand and help your club and Community.

Our current committee members are willing to help and guide anyone who is willing to put their hand up and nominate.

Please be aware that unless we fill these positions by our club cannot function.

Wedding , Anniversaries & Birthdays

Congratulations to those with birthdays or wedding anniversaries for the month of March.

Happy Wedding Anniversary

Tricia & Frank Coard, Jan & Ian McKaskill

Happy Birthday

Pamela Bilsen, Warren Holmes, Pat Drake, Ken Evans, Jan Fenton, Lindsay Robertson, Joe Leeson, Carol Noble, Beverley Scott, Reg Norwood

Upcoming Guest Speakers

MARCH: Christopher Reynolds talking about Australian History.

Club Greeting Roster for 2024-2025

<u>Meeting Date</u>	<u>Greeters</u>
10th March 2025	Dom & Penny Colasante

We ask all greeters to be ready at the entry door to the meeting by 9.00am. Greeters badges available at the registration desk.

As the roster is set in advance there may be times where it will not suit you. If this should happen, would you please arrange a swap directly with another member so that this role is always filled in time.

Thanks to all members who offered to assist. Remember if you are unable to greet on the

allotted date, please swap with someone yet to do the greeting and the confirm with Brian Clark (Ph 5326 2618) for inclusion in the newsletter.

Thanks, Anne & Barry Le Claire

Past Events

Wednesday 5th February- Board Games

Twelve members enjoyed another fun afternoon playing a variety of board games. We would also like to thank members who will bring along some afternoon tea to share on a rotating basis for us to enjoy and recharge our brains midway through the afternoon.

Bev & Lindsay Robertson/Kay & Neil Hansen

Friday 14th February - Golf Report

Six members played a stableford event at Glenview on Valentines Day including our new participant Graham Robertson. The weather looked ominous driving to the course but we had no rain and when the sun came out it started to get quite humid. The scores were close off the stick and when the handicaps were accounted for Aidan was first with Ken second and Brian third. a good time was had by all.

Who is this putting and getting the ball in the hole for a par. Our leader Ken said he framed the photo to see who could guess correctly.



OCGD

(Obsessive Compulsive Golfing Disorder)

Definition:

A behavioural condition characterised by an irresistible compulsion to prioritise golf above all else, including social obligations, work and finances. Often accompanied by an unshakable belief that the next club purchase will “fix everything.” Clinical interventions are typically unsuccessful, as patients insist they are “close to cracking it”.



What is Golf-Ego?

After slicing it into the trees, now trying to figure out distance to pin, instead of chipping out...



The answer as to who was putting and got the par was Ian Nunn. Well done to those who guessed correctly.

Tuesday February 18th.- Coffee Morning

FUN FRIENDSHIP AND FELLOWSHIP was alive and well at the February Coffee Morning when 20 members including 2 visitors enjoyed lively, interesting and informative chats over morning tea. Happy birthday wishes were extended to Frank.



Wednesday 19th February 1pm the Lyric Theatre-Sister Act

Nine Probians and two friends travelled by train to Brisbane taking advantage of the 50c fares. The entertainment on the forward journey to Brisbane, raised a few smiles. The show was enjoyed by all, especially after interval.

Casey Donovan certainly kept up the pace and whilst she isn't Whoopee Goldberg she was very professional and entertaining. This iteration is quite different from the movie, released some years ago.

We all had lunch at the centre and cafe and bistro at QPAC which has undergone a few changes and has improved immensely. A long day enjoyed by all.



UPCOMING EVENTS

For all events, if you are paying by direct debit please send an email to the Event Organiser & Treasurer once you pay for the Event.

Wednesday 5th March Board Games. Time - 1.30pm

New members are always welcome to join us for a fun afternoon playing a variety of board games. You do not need to have played any of the games previously. We play for fun, enjoy a lot of laughs and hopefully keep our brains a little active.

Cost: \$5.00pp

Venue: Croquet Club, Syd Lyngard Drive Buderim

Event Organisers: Bev & Lindsay Robertson -
Ph 0438822659 / Kay & Neil Hansen Ph
0405283146

Monday 10th March: Time 9.30am

This is our annual AGM so all members should attend if possible. Meeting starts at 9.30am at Maroochydore Surf Club followed by a lunch at the Surf Club at the member's expense.

Friday 14th March Golf

Time: 7:15 am

We will play a 9-hole Stroke event at Glenview Par 3 as usual and I am predicting a beautiful fine autumn day. Whilst exciting prizes are awarded to 1st and 2nd they will suffer a reduction to their handicaps.

New members are always welcome and a fun game is had by all no matter what your golfing prowess is.

Our members also play on Tuesday each week at the same time and place except for the week of our general meeting when we play on the following Friday instead. The cost is \$16.00 per 9 holes followed by \$2.00 coffee/tea and biscuits in the clubhouse partaken over friendly banter between our players.

Event Organiser Ken Evans or Ian Noble

Tues 18th March Morning Coffee

Time: 10:00 am

The Goodlife Cafe, 100 Buderim Pines Dr, Buderim, is the venue every third Tuesday in the month for members and visitors.

Meet up with fellow probians for a social morning while enjoying morning tea of your own choice from the well-stocked cafe.

Event Organiser: Evelyn Hedges

Ph 5477 1218

**Wednesday 26th March Walk and
Picnic Lunch-Maroochy Botanical
Gardens 9.45am**

This will be a combined walk and social get together. The venue is the Maroochy

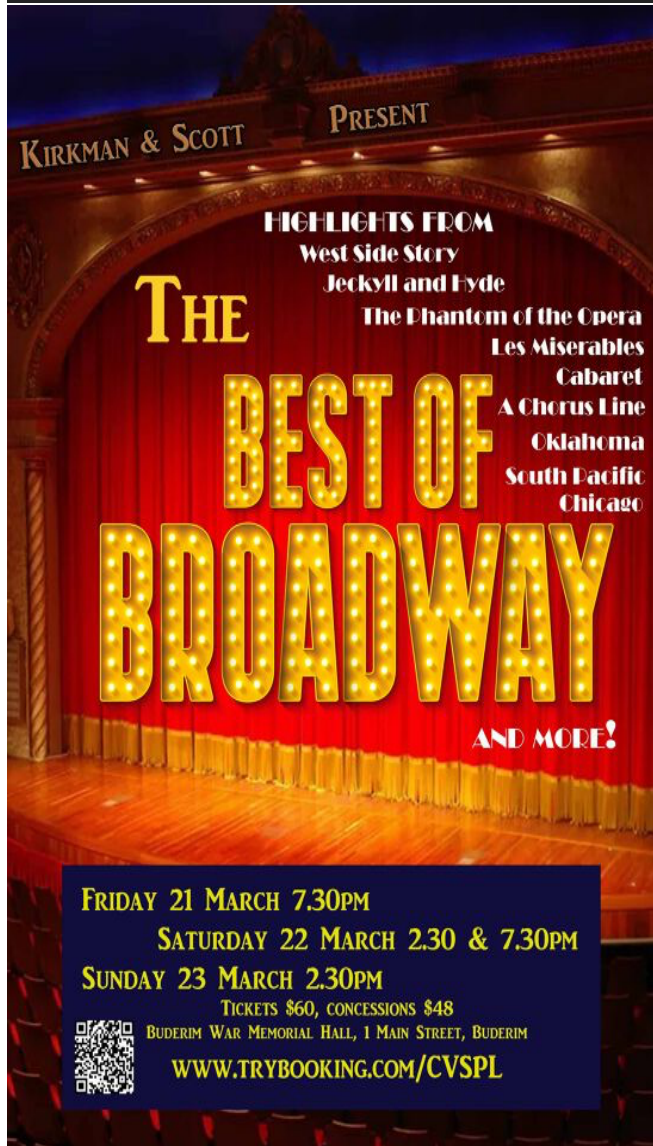
Botanical Gardens, Palm Creek Road, Tanawha.

For those wanting to walk, meet at the large covered pavilion at 9.45 am for a 10am start. There are many paths to walk around and can be as short or as long as you wish. For those wanting to join us for lunch, please meet at the pavilion at approximately 11 to 11.30am. Bring your own picnic or there is a café in the Arts & Ecology Centre to purchase coffee and light food. If you put your name down on the sheet and are unable to attend on the day, please call Ian 0414838459 or Carol 0414767151



Future Events

Saturday 22nd March 2.30pm
Buderim War Memorial Hall



Kym Kirkman who was a guest speaker with his harp at a previous meeting has sent us this information about his upcoming concert. Margaret has sold all the tickets that she was allocated. If anyone else is interested in attending they will have to purchase their own via the above website.

Event Organiser: Margaret Perry
0419829456

Saturday 29th March Sunshine Coast
Symphony Orchestra – The Event
Centre Caloundra 7.00pm



Daniel Kossov will conduct this first performance of 2025. Selections from the top 100 feel-good favourites voted for in 2024, including Dvorak's *Symphony 'From the New World'*, Vaughn-Williams' *Lark Ascending* and highlights from Bach, Bizet, Copland and more. Fran has managed to grab 10 tickets. Cost is \$39.00

Event Organiser: 0407342809 Fran Matlock

Bus Tour to Dubbo Zoo 27th April

A week in NSW (27th April to 3rd May) by bus with a feature being an overnight glamping stay at the Taronga Western Plains Zoo in Dubbo. Bookings have now closed as sixteen people have committed. For those that have missed out and still would like to go, Mystic Mountain Tours is running a second tour about a week after this event. Personal arrangements required.

Invoices have now been emailed to those travelling, should you have problems with arranging the payment please contact Margaret or Mystic Mountains direct.

Event Organiser: Margaret Perry
0419829456

Thursday 1st May Tour and Devonshire Tea- Buderim Pioneer Cottage 9.30 for 9.45 start

A guided tour and Devonshire Tea to follow on at Buderim Pioneer Cottage. Cost is \$10pp which includes a short talk about the history of Pioneer Cottage and the family who lived there. You will enjoy a Devonshire tea or coffee on the lovely old veranda. Dietary requirements can be accommodated if advised in advance.

Event Organiser: Marg Mulholland

Friday 13th June High Tea – Rumours Café Buderim Gardens 10am

Situated In Buderim Gardens Retirement Village at 405 Mooloolaba Rd Buderim Rumours Café have a delicious High Tea. Marg Mulholland and Evelyn Hedges have sampled it and agree it is well worth the cost of \$15.00 per person. Unfortunately, the numbers are limited to 20. If you are interested, please put your name down on the list provided, then let Brad Davies and I know once you have paid.

Event Organiser: Lucy Upcott 0447202932

Wednesday 30th July-Jesus Christ Superstar at Lyric Theatre Brisbane

The iconic global phenomenon, **JESUS CHRIST SUPERSTAR**, arrives at QPAC from June with a mesmerising new production that has received unprecedented acclaim and accolades during its US and UK tours, including an Olivier Award for Best Musical Revival. Fran has managed to obtain 10 tickets for Jesus Christ Superstar for July at 1pm. Cost is \$70. Payment is required by 22nd April. Featuring lyrics and music by Emmy, GRAMMY, Oscar and Tony winners **Tim Rice** and **Andrew Lloyd Webber**, **JESUS CHRIST SUPERSTAR** dramatizes the final weeks of Jesus Christ's life through the perspective of Judas.

Event Organiser: 0407342809 Fran Matlock

Calender of Future Events;

<u>APRIL 2025 EVENTS</u>	<u>REGULAR ACTIVITIES</u>
Wed 2 nd 1.30 pm	Board Games
Monday 14 th 9.30am	Monthly meeting at Maroochydhore Surf Club
Friday 18 th 7.15am	Golf at Glenview
Tuesday 22 nd 10.00am	Coffee Morning at Goodlife
<u>UPCOMING SOCIAL EVENTS</u>	<u>ACTIVITY</u>
Saturday 22 nd March 2.30pm	The Best of Broadway at Buderim War Memorial Hall
Saturday 29 th March 7.00pm	Sunshine Coast Symphony Orchestra at Event Centre Caloundra
Sunday 27 th April	Mystic Mountain Bus Tour
Thursday 1 st May	Tour and Devonshire Tea at Buderim Pioneer Cottage.
Friday 13 th June	High Tea at Rumours Café.
Wednesday 30 th July	Jesus Christ Superstar at Lyric Theatre

PLEASE REFER TO YOUR INFORMATION BOOKLET FOR GENERAL INFORMATION ON MEMBERS AND ACTIVITIES

DIRECT DEBIT PAYMENTS TO: WESTPAC BSB 034243 A/C 751330

THEN EMAIL BOTH THE TREASURER AND THE EVENT COORDINATOR.

FOR THE BENEFIT OF NEW MEMBERS AND FOR INSURANCE PURPOSES

PLEASE WEAR YOUR PROBUS BADGE AT ALL ACTIVITIES.

If you change your email address, please notify the Secretary.

Welfare & Support

Carol Noble — 0414767151

Any members who are ailing or needing support please ensure that Carol knows about it so that the Club is able to provide whatever assistance it can.

Notice: This publication is solely for the information and interest of the members of the

Probus Club of Buderim Mountain Inc. and adjoining Probus Clubs within the district.

The Suggestion Box



If any member has any ideas for a new interest group or a social outing we would love to hear from you. Talk to or send an outline of your idea to anyone on the management committee who would love to be able to present more activities for our members each month so that they can achieve more fun and friendship together.



Australia's Funny Jokes II

Diego Rubio - Perez · 1d ·



One summer s evening Paddy & Mick are on their way to the pub for their usual drink.

"I'm a bit tired tonight," says Mick. "I think I'll just have a little lie down in this ditch and have a little sleep. You can wake me up on your way home later."

"Right, you are," says Paddy, and they separate.

At the end of the evening, Paddy comes out of the pub and starts walking back to collect Mick from his ditch. He hasn t gone far when Mick rolls up beside him driving a big shiny Volvo.

"Where did you get that lovely car from?!" asks Paddy, astonished.

"Well, I'll tell you. It was like this," says Mick. "There I was lying in the ditch having a nice snooze and I had just turned over onto me other side when up drives a lovely lady in her nice new Volvo and asks me if I'd like to come for a drive with her. Well, I thought, why not? It's a lovely evening for a drive. So in I got. She drove along for a bit and then turned off into a field, and took off all of her clothes. She said, " take what you want," so I took the Volvo!



CARTOONS AND JOKES

Edith Singh · 8h · 🌐



After being married for 50 years, I took a careful look at my wife one day and said, "Fifty years ago we had a cheap house, a junk car, slept on a sofa bed and watched a 10-inch black and white TV, but I got to sleep with a hot 23-year-old girl every night.

Now, I have a \$500,000 home, a \$45,000 car, a nice big bed and a large screen TV, but I'm sleeping with a 69-year-old woman. It seems to me that you're not holding up your side of things."

My wife is a very reasonable woman. She told me to go out and find a hot 23-year-old girl and she would make sure that I would once again be living in a cheap house, driving a junk car, sleeping on a sofa bed and watching a 10-inch black and white TV.

Aren't older women great? They really know how to solve an old guy's problems.



LIFE OF THE PARTY IRISH HUMOUR



Tracy Staruiala · 1h ·

The 6th grade science teacher, Mrs. Parks, asked her class, "What human body part increases to ten times its size when stimulated?"

No one answered until little Mary stood up and said, "You should not be asking sixth-graders a question like that! I'm going to tell my parents, and they will go and tell the principal, who will then fire you!"

Mrs. Parks ignored her and asked the question again, "Which body part increases to 10 times its size when stimulated?" Little Mary's mouth fell open. Then she said to those around her, "Boy, is she going to get in big trouble!"

The teacher continued to ignore her and said to the class, "Anybody?" Finally, Billy stood up, looked around nervously, and said, "The body part that increases 10 times its size when stimulated is the pupil of the eye."

Mrs. Parks said, "Very good, Billy," then turned to Mary and continued. "As for you, young lady, I have three things to say:

One, you have a dirty mind.

Two, you didn't read your homework.

And three, one day you are going to be very, very disappointed."