



PROBUS CLUB OF BUDERIM MOUNTAIN INC.61818

**Sunshine Coast, Queensland
PO Box 341, Buderim, Qld 4556**

July 2026 NEWSLETTER

Year 44, No 4

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President's Message



Hello everyone. The year is certainly going fast and already we are into July! During June I had a lovely afternoon with the 'board games' group who meet each month at Buderim Croquet Club- this activity is an excellent brain workout! Unfortunately, I couldn't make the morning tea group, but hopefully next time.

With the cooler weather it was very pleasant doing our monthly walk at Marcoola. If you enjoy a nice leisurely walk with friends, I strongly encourage you to meet up for these walks. The pace is relaxed and it's always nice to have a morning tea stop. Thanks Carol and Ian for these great locations each month.

It was disappointing that due to the inclement weather that our club outing to the Twinnies Seabird rescue facility was postponed. Keep an eye on our activities board for the rescheduled date. I look forward to seeing you all at our July Meeting.

Cheers

President Mary

Guest Speaker

We had 2 guest speakers from Sunny Kids. Brooke Papamamolois who is the business relationship manager and Jazzmin White who is the service coordinator. Sunny Kids is a local charity who works with vulnerable children and families. They help coordinate the support victims of domestic violence, mental health issues, trauma and crime. The police get over 5000 calls per week involving domestic violence and the figures are increasing rapidly. As many cases are not reported the true figures are believed to be much higher. Sunny kids workload has increased by 34% in the last year. They help the families with financial support ,family and cultural connection, counselling involving psychiatric & medical support, mentoring through sport as well as refuge and safety in their 7 homes which provides over 8,000 nights emergency accomodation per year. They have a holistic approach which sees their integrated support network provides a range of life-saving services to thousands of families each year.

The knowledge that we gained was fantastic and opened our eyes to how prevalent domestic violence has become in Australia. Official figures now show 1 in 4 women over the age of 15 have experience mental or sexual or physical violence from a partner and 2 in 5 assaults reported to police are linked to domestic violence.



A thank you from Jazzmin

Thank you so much for sharing Carol! It was a pleasure to come by and everyone made us feel so welcome. We are grateful that the probus group takes this community issue to heart and are such a great group of caring humans. Thank you again!

Upcoming Guest Speakers

JULY : Linda Hooper- Oz Harvest

AUG : TBD

SEPT : Dennis Panchaud- Women in War

OCT : TBD

NOV : Ian McKaskill- Meditation

Weddings,Anniversaries &Birthdays

Congratulations to those with birthdays or wedding anniversaries for the month of July.

Happy Wedding Anniversary

Ann & Iain McLeod, Joyce & Reg Norwood

Happy Birthday

Jean Lea 2nd, Wendy Grant 6th, Margaret

Pennington 15th, Penny Colasante 22nd,

Lois Carlson 20th.

Club Greeting Roster for2026-2027

<u>MEETING DATE</u>	<u>GREETERS</u>
	<i>Lois Carlson</i>
<i>July 13th</i>	<i>Gary Carlson</i>
	<i>Judy Clark</i>
<i>Aug 10th</i>	<i>Judy Nommensen</i>
	<i>Lorraine Nunn</i>
<i>Sept 14th</i>	<i>Ian Nunn</i>

<i>Oct 12th</i>	<i>Robyn Feuerheerdt Jeff Feuerheerdt</i>
<i>Nov 9th</i>	<i>Jean Heron Elva Duggan</i>
<i>Jan 11th</i>	<i>Tricia Coard Frank Coard</i>
<i>Feb 8th</i>	<i>Margaret Perry Richard Perry</i>
<i>Mar 8th</i>	<i>Fay Winter Nev Winter</i>

We ask all greeters to be ready at the entry door to the meeting by 9.00am. Greeters badges available at the registration desk. As the roster is set in advance should the times not suit; would you please arrange a swap directly with another member so that this role is always filled in time. Thanks to all members who offered to assist. Remember if you are unable to greet on the allotted date, please swap with someone to do the greeting and then confirm with Brian Clark (Ph 5326 2618) for inclusion in the newsletter.

Thanks, Anne & Barry Le Claire

PAST EVENTS

Wednesday 3rd June Board Games

Fifteen members enjoyed an afternoon of boardgames, chatter and a lovely afternoon tea.



Thursday 4th June- Degustation Lunch

Ten people attended the 4-course lunch on Thursday at the TAFE College a few new members were able to join us and enjoyed this different experience. We consumed a Potato Goat Cheese Tart, a Duck Breast, a Slow Roasted Lamb Shoulder and then for last we ate a deconstructed passionfruit cheesecake, all very filling and interesting as per the photos. Hopefully there will be another lunch towards the end of the year.

Janet Bruce



Friday 12th June - Golf Report

We had a good roll-up of 8 players today for the Stableford event but the course was very wet and boggy. Brian Clark was in top form (obviously a good performer on a wet track) and won first position but his desire to be at Lucy's "High Tea" meant he could not stay to collect his prize of fruit and vegies. Ron Johnstone came 2nd so was allocated the fruit and vegies and Errol James was 3rd and awarded the flowers.

Aidan putting for birdie on the 2nd hole. Got very close but had to settle for a par.



Event Organiser: Ken Evans

Friday 12th June - High Tea at Buderim Gardens Village

A group of 20 Probians once again enjoyed a beautiful High Tea at Rumours Café. The weather obliged and the camaraderie amongst us was evident. The food was exceptional and the skill of the ladies who made every item of the High Tea was something to behold. We even got to sing Happy Birthday to Lucy which topped the day off.



Event Organiser: Lucy Upcott 0447202932

Tuesday 16th June- Morning Coffee

There were fourteen very happy members who turned up for the coffee morning. Hopefully, when the weather improves, we will see more attending



Event Organiser: Lucy Upcott 0447202932

Wednesday 24th June - Walk and Picnic Lunch

The sun finally decided to shine on our walk day. We walked from Marcoola to Mount Coolum where we enjoyed coffee and cake at Curleys. After the return walk back to Marcoola nine members stayed on for a picnic lunch.



Event Organisers: Carol & Ian Noble

Friday 26th June- Twinnies Pelican and Seabird Rescue tour and morning tea. 10am

Unfortunately, due to the recent wet weather our planned tour had to be postponed. While it was disappointing not to go safely and comfort comes first. I will reschedule this outing at a later date when conditions are more favourable as I'm sure it's a tour not to be missed.

Event Organiser: Elaine Anderson

UPCOMING EVENTS

For all events, if you are paying by direct debit, please send an email to the Event Organiser & Treasurer once you have paid for the Event.

Wednesday 1st July Board Games.

Time - 1.30pm

Come along and enjoy playing some board games in a fun and friendly environment. New members are always welcome.

Cost: \$5.00pp incl afternoon tea

Venue: Croquet Club, Syd Lingard Drive Buderim

Event Organisers: Bev Robertson - Ph 0438822659 / Kay & Neil Hansen Ph 0405283146

Monday 13th July General Meeting-

Time 9.30am

Meeting starts at 9.30am at Maroochydore Surf Club followed by a lunch at the Surf Club at the member's expense.

Friday 17th July Golf

Time - 7:45 am Hit off

We will be playing a Stroke event on this day with the winner having their name engraved onto the Buderim Perpetual Trophy which was donated by Peter Lynam. Joe Leeson is the current winner and if he hasn't misplaced the trophy like Ken, it will be presented to the new winner. If you would like to join us, please just arrive at Glenview by 7.40am. Our handicap system is such that everyone must win a prize eventually.

New members are always welcome, and a fun game is had by all no matter what your golfing prowess is.

Our members also play on Tuesday each week at the same time and place except for the week of our general meeting when we play on the following Friday instead. The cost is \$16.00 per 9 holes

Event Organisers: Ken Evans or Ian Noble

Tues 21st July Morning Coffee

Time -10:00 am

The Goodlife Cafe, 100 Buderim Pines Dr. Buderim. Fellowship and fun. PLEASE REMEMBER TO WEAR YOUR BADGE!

All new members welcome.

Event Organiser: Lucy Upcott 0447202932

Wednesday 29th July Walk and Picnic Lunch (9.45am for 10am)

The walk for July is on Wednesday 29th meeting at 9.45am for a 10am start.

The walk will commence at the boat ramp in the parkland on the Maroochy River in Bradman Avenue (450 metres east of Fisherman's Road). We will walk west about 2 Km to the Rivershore Resort Diddillibah where we will enjoy a morning coffee in their Driftwood Restaurant. We will then have a leisurely walk back to the parkland at the boat ramp. Covered sheds with BBQs are available for those who would like to stay on for a picnic lunch. Toilets on site. This is an absolutely flat walk. Please add your name and signature on the sheet provided.

If you put your name down but are then unable to come, please ring or text Ian on 0414838459 or Carol on 0414767151

Thank you.



Event Organisers: Ian Noble 0414838459 or Carol Noble 0414767151.

FUTURE EVENTS

Thursday 16th July – Christmas in July Lunch at Twin Waters

Twin Waters Golf Club 151 Ocean Dr Twin Waters.

Price \$55 Includes drink (wine, beer or soft drink) on arrival by 12 noon.

You are warmly invited to come along for a festive Christmas in July celebration. Let's shake off the winter chill and enjoy an afternoon filled with delicious food and great company! Guests to be seated and Lunch will be served at 12.30pm.

This will be an alternate drop for both main and dessert.

MAIN COURSE

Honey Glazed Smoked Ham, Roasted Turkey Breast, Steamed Broccolini, Roast vegetables with Cranberry Sauce and Gravy. GF.

OR

Pan Seared Barramundi, Lemon Pepper Potatoes, Baby Broccoli with Garlic Cream. GF.

DESSERT

Steamed Plum Pudding with Vanilla Custard
OR

Pavlova with Mango, Coconut and Chantilly Crème GF.

Followed by Tea or Coffee.

Payment of \$55 p/p to be deposited into the Probus Bank Account by 30th June.

Westpac BSB 034243 A/C 751330.

Please email the Treasurer and Coordinator when you have made the payment elainemanderson52@gmail.com

Don't forget come dressed in your favourite Christmas outfit and accessories!

Event Organiser: Elaine Anderson

Friday 14th August- Lifelight Hangar tour 11.00am to 12noon

More information to follow

Event Organiser: Elaine Anderson

Monday 24th August- Mystery Car tour

More information to follow

Event Organiser: Merv Grant

Friday 11th September - High Tea at Buderim Gardens Village 10.00am

Cost is \$20 per person and is limited to 16 members.

Event Organiser: Lucy Upcott 0447202932

Thursday 1st October – Probus 50th Anniversary Lunch at Maroochy Surf Club

The cost will be \$60,00 which includes an alternate drop two course meal and tea or coffee afterwards.

Event Organiser: Elaine Anderson

Wednesday 9th December- Christmas Lunch at Twin Waters

More information to follow

Event Organiser: Elaine Anderson

Calendar of Future Events:

<u>JULY EVENTS</u>	<u>REGULAR ACTIVITIES</u>
Wed 1st 1.30 pm	Board Games
Monday 13th 9.30am	General Meeting
Friday 17th 7.45am	Golf at Glenview
Tuesday 21st 10.00am	Coffee Morning
Wednesday 29th 9.45am	Walk and Picnic Lunch

<u>UPCOMING SOCIAL EVENTS</u>	<u>ACTIVITY</u>
Thursday 16 th July	Christmas in July Lunch
Friday 14 th August	Lifelight Hangar Tour
Monday 24 th August	Mystery Car Rally
Friday 11 th September	High Tea at Buderim Gardens
Thursday 1 st October	Anniversary Lunch at Maroochy Surf Club
Wednesday 9 th December	Christmas Lunch at Twin Waters

The Suggestion Box



If any of our members have any ideas or suggestions for new interest groups or social outings we would love to hear from you. Talk to or send an outline of your ideas to any management committee member.

As we found last year the club has a more active social life if more members contribute with ideas or organising of individual events.

PLEASE REFER TO YOUR INFORMATION BOOKLET FOR GENERAL INFORMATION ON MEMBERS AND ACTIVITIES

DIRECT DEBIT PAYMENTS TO: WESTPAC BSB 034243 A/C 751330 THEN EMAIL BOTH THE TREASURER AND THE EVENT COORDINATOR WITH THE DETAILS.

PLEASE NOTE OUR CLUB ONLY ACCEPTS PAYMENTS VIA DIRECT DEBIT OR EFTPOS. WE CAN NO LONGER ACCEPT CASH OR CHEQUES DUE TO DIFFICULTIES WITH DEALING WITH THESE.

If you change your email address, please notify the Secretary.

Welfare & Support

Carol Noble — 0414767151

Any members who are ailing or needing support please ensure that Carol knows about it so that the Club is able to provide whatever assistance it can.

Notice: This publication is solely for the information and interest of the members of the Probus Club of Buderim Mountain Inc. and adjoining Probus Clubs within the district.

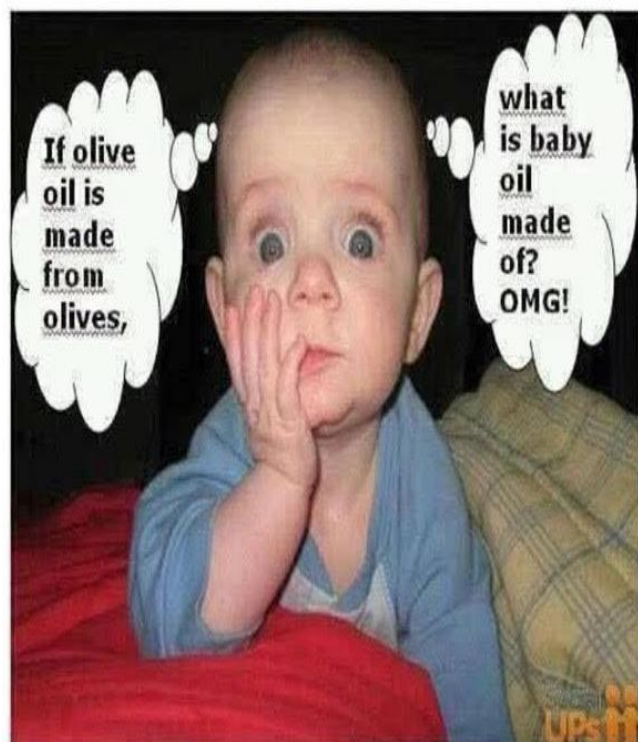


Probus
SOUTH PACIFIC

Probus Members Benefit Scheme

Members of Probus have access to a wide range of offers and benefits. This is called the Probus Members Benefit Scheme (MBS) and includes offers for travel, health, financial advice, lifestyle and entertainment.

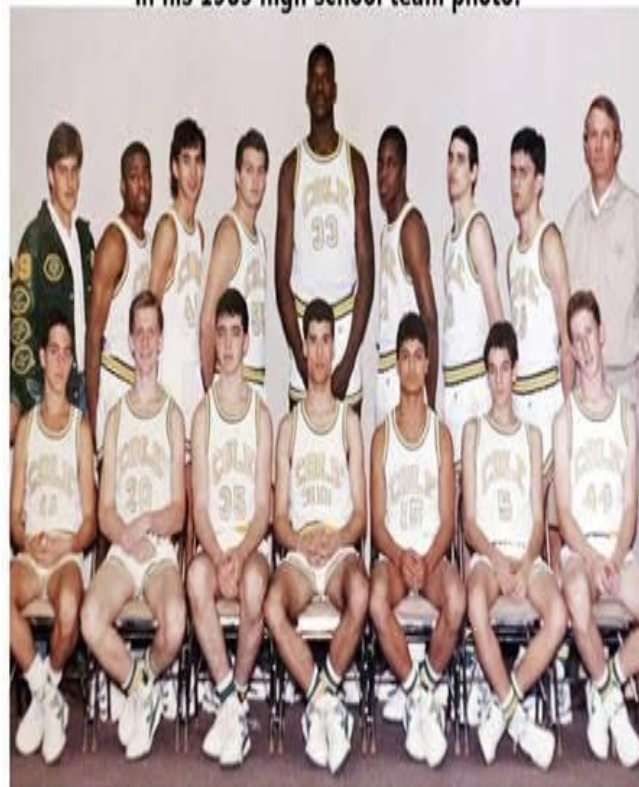
Offers are redeemed by contacting the MBS provider and quoting your Probus membership number. For a full list of Probus offers and benefits please refer to Probus South Pacific website www.probussouthpacific.org



**On a bad hair day...
There's always lipstick.**



**Look closely, you can just make out Shaq
in his 1989 high school team photo.**

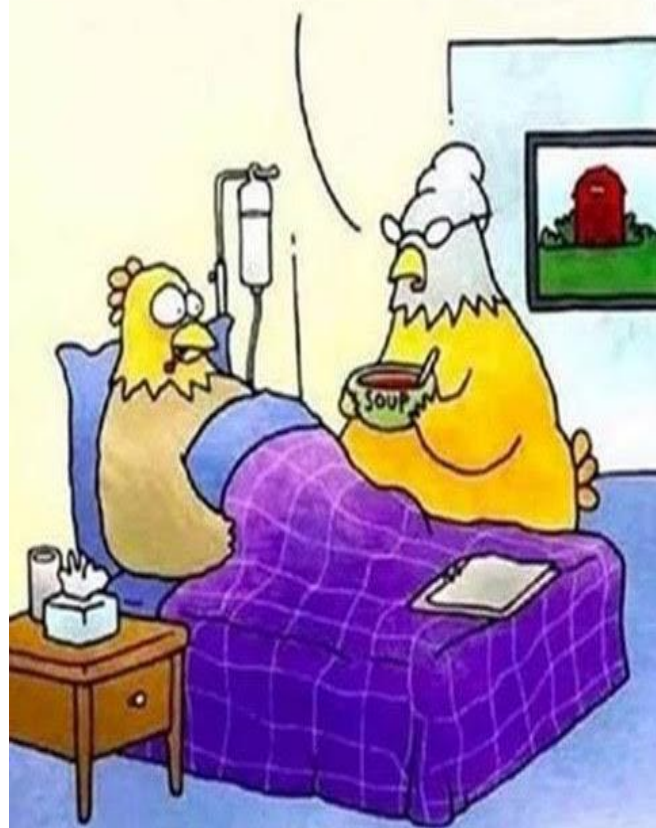


Thanks Carol for these Jokes

**Rare Image of a
remote control from the 1970s.**



**Don't worry,
it's tomato.**



A man goes to visit his grandpa in the hospital.

"How are you, grandpa? he asks.

"Feeling fine," says the old man.

"What's the food like?"

"Terrific, wonderful menus."

"And nursing?"

"Just couldn't be better. These young nurses really take care of you."

"What about sleeping? Do you sleep OK?"

"No problem at all — nine hours solid every night. At 10 o'clock they bring me a cup of hot chocolate and a Viagra tablet ... and that's it. I go out like a light."

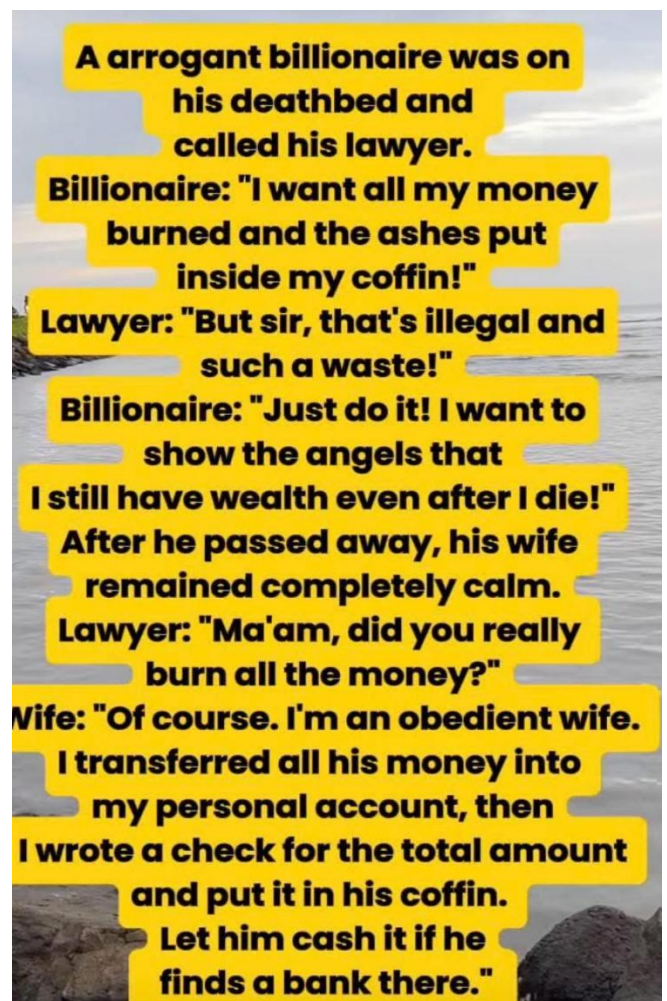
The grandson is puzzled and a little alarmed by this, so rushes off to question the Sister in charge.

"What are you people doing," he says,

"I'm told you're giving a 95-year-old Viagra on a daily basis. Surely, that can't be true?"

"Oh, yes," replies the Sister.

"Every night at 10 o'clock we give him a cup of chocolate and a Viagra tablet. It works wonderfully well. The chocolate makes him sleep, and the Viagra stops him from rolling out of bed."



A Young Girl In Her Late Teens, Wanting To Earn Some Extra Money For The Summer, Decided To Hire Herself Out As A "Handy Woman And Started Canvassing A Nearby Well-To-Do Neighbourhood.

She Went To The Front Door Of The First House And Asked The Owner If He Had Any Odd Jobs For Her To Do. "Well, I Guess I Could Use Somebody To Paint The Porch"

He Said. "How Much Will You Charge Me?" Delighted, The Girl Quickly Responded, "How About \$50?"

The Man Agreed And Told Her That The Paint, Brushes And Everything She Would Need Were In The Garage. The Man's Wife, Hearing The Conversation, Said To Her Husband, "Does She Realise That Our Porch Goes All The Way Around The House?"

"That'S A Bit Cynical, Isn'T It?" He Responded. The Wife Replied, "You'Re Right I Guess I'M Starting To Believe All Those Dumb Blonde Jokes." A Few Hours Later The Blonde Came To The Door To Collect Her Money...

"You'Re Finished Already??" The Startled Husband Asked. "Yes," The Blonde Replied, "And I Even Had Paint Left Over So I Gave It Two Coats." Impressed, The Man Reached Into His Pocket For The \$50 And Handed It To Her Along With A \$10 Tip. "Thank You." The Blonde Said, "And, By The Way. It'S Not A Porch, It'S An Audi."

Friends - please be careful this Christmas season

Yesterday I went to Christmas party. I had a few beers, followed by a few cocktails, followed by a few shots...

I still had the sense to know that I was over the limit. That's when I decided to do what I've never done before: I took a taxicab home.

Sure enough there was a police road block on the way home and since it was a taxicab, they waved it past. I arrived home safely without any incident.

This was both a great relief and a surprise because I had never driven a taxicab before. I don't even know where I got it from and, now that it's in my garage, I don't know what to do with it

Did I read that sign right?

In an office:

TOILET OUT OF ORDER..... PLEASE USE FLOOR BELOW

In a Laundromat:

AUTOMATIC WASHING MACHINES: PLEASE REMOVE ALL YOUR CLOTHES WHEN THE LIGHT GOES OUT

In a London department store:

BARGAIN BASEMENT UPSTAIRS

In an office:

WOULD THE PERSON WHO TOOK THE STEP LADDER YESTERDAY PLEASE BRING IT BACK OR FURTHER STEPS WILL BE TAKEN

In an office:

AFTER TEA BREAK STAFF SHOULD EMPTY THE TEAPOT AND STAND UPSIDE DOWN ON THE DRAINING BOARD

Outside a secondhand shop:

WE EXCHANGE ANYTHING - BICYCLES, WASHING MACHINES, ETC. WHY NOT BRING YOUR WIFE ALONG AND GET A WONDERFUL BARGAIN?

Notice in health food shop window:

CLOSED DUE TO ILLNESS

Spotted in a safari park:

ELEPHANTS PLEASE STAY IN YOUR CAR

Seen during a conference:

FOR ANYONE WHO HAS CHILDREN AND DOESN'T KNOW IT, THERE IS A DAY CARE ON THE 1ST FLOOR

Notice in a farmer's field:

***THE FARMER ALLOWS WALKERS TO CROSS THE FIELD FOR FREE, BUT THE BULL CHARGES*.**

A couple go for a meal at a Chinese restaurant, and order the 'Chicken Surprise'.

The waiter brings the meal, served in a lidded cast iron pot.

Just as the wife is about to serve herself, the lid of the pot rises slightly and she briefly sees two beady little eyes looking around, before the lid slams back down.

'Good grief, did you see that?' she asks her husband.

He hadn't, so she asks him to look in the pot.

He reaches for it and again the lid rises and he sees two little eyes, looking around before it slams down.

Rather perturbed, he calls the waiter over, explains what is happening, and demands an explanation.

'Please sir,' says the waiter, 'what you order?'

The husband replies, 'Chicken Surprise'

'Ah! So sorry,' says the waiter.....

'I bring you Peeking Duck by mistake'.....🦆🦆🦆